

IPL

Post treatment instructions

What to expect following treatment:

- A mild to moderate sun-burn sensation is expected. This usually last up to 2 hrs
- Mild swelling, tenderness and redness are also usual for the first 24hrs
- Treated pigmented areas will appear darker over the next 2 days and gradually fade over 2 -3 weeks
- Veins or vascular lesions may undergo immediate graying or blanching or they may appear a slight purple or red colouring. A crusting may occur which will flake off over 1-2 weeks

Treatment aftercare:

- Apply an ice pack to treated area for first 2 hrs if in discomfort
- Apply usual moisturiser 2hrs following treatment
- For the first 24 hours after treatment:-
 - Avoid swimming in pools, hot tubs/saunas
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 - Following underarm hair removal do not use deodorant
 - If face has been treated do not apply make-up

- Avoid activities causing excessive perspiration for 48 hrs
- Do not pick, scratch or remove any scabs. Allow them to flake off
- Bathe or shower as usual, using a gentle soap wash e.g. Cetaphil
- Avoid sun exposure and tanning beds following treatment and between treatments.