

Dermal Filler

Post treatment instructions

Dermal fillers restore volume and fullness to the skin to correct moderate to severe facial wrinkles and folds. The dermal filler e.g Juvederm used in our rooms contains no animal proteins. This limits the risk of allergic reaction (no allergy testing is required before injection).

Following injection of Dermal Filler

The area surrounding injection site may be red and tender for 24 hours.

DO

- Take a mild analgesic such as Panadol if needed.
Please do not take Aspirin as this can cause bleeding.
- Gently massage the site with finger tips
- Apply ice packs to the injected sites to prevent or lessen bruising
- Apply your usual moisturisers and make-up the following day
- Book and attend your review appointment with Doctor two weeks post treatment

DO NOT

- Apply moisturisers or make-up for 12 hours
- Use a sauna or hot tub or undertake strenuous exercise for at least 4 hours
- Smoke or drink alcohol for 24 hours

The above activities may raise the blood pressure and result in superficial bleeding and bruising.

Your next treatment

Studies have shown that dermal fillers last up to 9 months. Therefore you may wish to book your next treatment in 6-9 months.

Please do not hesitate to call us at any time if you have any concerns or queries.